

BACcards

Blood Alcohol Concentration

compare & save

1 Drink is = to

- BEER**
12 oz./5%
- WINE**
5 oz./12%
- SHOT**
1.5 oz./40%

This card is to be used as a guide & does not

medical emergency

- .02** Begin to feel relaxed. Reaction time slows.
- .05** Euphoria, "the buzz." Sociability. Decrease in judgment and reasoning.
- .08** **Legally Intoxicated.** Balance & coordination impaired. Less self-control.
- .10** Clear deterioration of cognitive judgment & motor coordination. Speech may be slurred.
- .15-.24** At risk for blackout. Nausea. Risk of stumbling/falling.
- .25-.35** May be unable to walk; may pass out/lose consciousness. Seek medical attention.
- .40-.45** High risk for coma or death.

ONE IS ALWAYS IMPAIRED

Male 180 lbs BAC Blood Alcohol Concentration

● buzzed ● drunk ● danger ● medical emergency

drinks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
hours 0	.021	.043	.064	.086	.107	.129	.150	.172	.193	.215	.236	.258	.279	.301	.322
1	.009	.031	.052	.074	.095	.117	.138	.160	.181	.203	.224	.246	.267	.289	.310
2	.000	.019	.040	.062	.083	.105	.126	.148	.169	.191	.212	.234	.255	.277	.298
3	.000	.007	.028	.050	.071	.093	.114	.136	.157	.179	.200	.222	.243	.265	.286
4	.000	.000	.016	.038	.059	.081	.102	.124	.145	.167	.188	.210	.231	.253	.274
5	.000	.000	.004	.026	.047	.069	.090	.112	.133	.155	.176	.198	.219	.241	.262
6	.000	.000	.000	.014	.035	.057	.078	.100	.121	.143	.164	.186	.207	.229	.250
7	.000	.000	.000	.002	.023	.045	.066	.088	.109	.131	.152	.174	.195	.217	.238
8	.000	.000	.000	.000	.011	.033	.054	.076	.097	.119	.140	.162	.183	.205	.226

24 Male
24 Female

- **Buzzed** 0-.06
- **Drunk** .07-.14
- **Danger** .15-.24
- **Medical Emergency** .25 - on up

As low as

.5¢ each

PLUS 20% OFF Your 1st Order!

Our BAC cards were developed in conjunction with the nations leading alcohol advisors in the health and wellness fields. Using a combination of effective layout and design, we've crafted a series of custom designed cards for both men and women.

- Printed on synthetic stock
- Custom designed to be easy to read
- Designed by health and wellness experts
- Waterproof



.5c
each

STARTER SET \$250/set
500 cards (24 weight categories/gender)

.5c
each

BUNDLE & SAVE \$24/set
1 Set = 48 cards (24 male/24 female)

\$1
each

MIX & MATCH
Minimum of 100 card order

\$2
each

INDIVIDUAL CARDS
You choose the minimum

STARTER SET includes...

weight	# of male cards	# of female cards
100	x	10
105	x	10
110	x	15
115	x	15
120	10	15
125	10	15
130	10	15
135	10	15
140	10	15
145	15	15
150	15	15
155	15	10
160	15	10
165	15	10
170	15	10
175	15	10
180	15	10
185	15	x
190	10	5
195	10	x
200	10	5
210	5	5
220	5	5
230	5	5
240	5	5
250	5	5
260	5	x
270	5	x
TOTAL	250	250

CONTACT US

chris@firstlightweb.com

name _____	ORDER date _____
email _____	sub-total _____
company _____	discount? _____
address _____	shipping \$20 Flat Rate
city/state/zip _____	TOTAL _____
phone _____	signature _____

order

.5¢ each **BUNDLE & SAVE** \$24/set
1 Set = 48 cards (24 male/24 female)
 # of Sets 25 50 100 other _____

.5¢ each **STARTER SET** \$250/set
500 cards (24 weight categories/gender)
 # of Sets 1 2 other _____

\$1 each **MIX & MATCH**
Minimum of 100 card order
 gender/weight/qty

MALE 120 <input type="checkbox"/>	180 <input type="checkbox"/>
125 <input type="checkbox"/>	185 <input type="checkbox"/>
130 <input type="checkbox"/>	190 <input type="checkbox"/>
135 <input type="checkbox"/>	195 <input type="checkbox"/>
140 <input type="checkbox"/>	200 <input type="checkbox"/>
145 <input type="checkbox"/>	210 <input type="checkbox"/>
150 <input type="checkbox"/>	220 <input type="checkbox"/>
155 <input type="checkbox"/>	230 <input type="checkbox"/>
160 <input type="checkbox"/>	240 <input type="checkbox"/>
165 <input type="checkbox"/>	250 <input type="checkbox"/>
170 <input type="checkbox"/>	260 <input type="checkbox"/>
175 <input type="checkbox"/>	270 <input type="checkbox"/>

\$2 each **INDIVIDUAL CARDS**
You choose the minimum
 gender/weight/qty

FEMALE 100 <input type="checkbox"/>	160 <input type="checkbox"/>
105 <input type="checkbox"/>	165 <input type="checkbox"/>
110 <input type="checkbox"/>	170 <input type="checkbox"/>
115 <input type="checkbox"/>	175 <input type="checkbox"/>
120 <input type="checkbox"/>	180 <input type="checkbox"/>
125 <input type="checkbox"/>	190 <input type="checkbox"/>
130 <input type="checkbox"/>	200 <input type="checkbox"/>
135 <input type="checkbox"/>	210 <input type="checkbox"/>
140 <input type="checkbox"/>	220 <input type="checkbox"/>
145 <input type="checkbox"/>	230 <input type="checkbox"/>
150 <input type="checkbox"/>	240 <input type="checkbox"/>
155 <input type="checkbox"/>	250 <input type="checkbox"/>